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Composite Resin Restorations

Today you have had one or more tooth colored fillings placed.
Here are some things you can expect after today's appointment:

*If you have received local anesthetic (you are numb) please refrain from eating until this wears off. If you are hungry, **drink** whatever you'd like. A milkshake and/or soup are good choices. Chewing while numb is not advised because your tongue and cheeks can be easily damaged. Once the anesthesia has worn off, you may eat on the affected area when you are comfortable. The restoration can be used like a tooth at this point, but sometimes the tissue may be sore and needs to heal before normal eating can be resumed.

*If you were given 2 tablets to dry your mouth out in preparation for your appointment, it is possible that your mouth will get extremely dry a few hours after you leave the office. This is normal and drinking water will alleviate the dryness.

*Any discomfort you may have after your appointment can be handled by taking Advil or Tylenol, or both. New research is indicating that pain relief comparable to narcotics but without the side effects can be achieved with only 400mg of ibuprofen (Advil) and 1000mg acetaminophen (Tylenol).

*Our new bonding materials look and function more like teeth than others we have had in the past. However your new filling may not feel like tooth to your tongue. These fillings will feel like a natural tooth in a short period of time.

*After today's appointment, you may brush and floss normally.

*If your bite feels high or "off" after you are no longer numb, please call us and arrange to have the bite adjusted. Not correcting a bite problem can create complications with the tooth or the jaw joint.

*Please feel free to contact the office with any other questions or concerns.