

YOUR TEMPORARY RESTORATION

A temporary is a filling or crown that is placed until the final restoration is made and ready to be placed.

It is imperative that the delivery of your final restoration be scheduled no more than four weeks following your initial visit.

It is normal for the gum around your tooth to be a little sore when the anesthesia wears off. Two tablets of Advil and/or Tylenol taken immediately after the appointment will help decrease inflammation and alleviate discomfort. This soreness should disappear over time. Do your best to chew on the opposite side until your next appointment. Chewing sticky foods can sometimes dislodge the temporary. It is not uncommon to have the following reactions or problems with the temporary:

IT FEELS ROUGH.

The temporary will feel rough compared to your other teeth.

IT CAME OFF.

This is probably the most common problem. It is supposed to come off easily and some foods will promote this. Stay away from sticky foods or gum. It is important for it to be there, so call us so we can recement it or you may put it back in with a denture adhesive until you can get in.

IT FEELS HIGH.

Please call our office so that we can arrange for you to come in for an adjustment. You can bruise a tooth if it is too high.

IT'S NOT HOW I WANT THE FINAL RESTORATION TO LOOK.

Don't worry; the final restoration will look much better.

IT IS SENSITIVE.

The temporary will not always fit as well as the final restoration, so there may be some sensitivity to hot and cold as well as chewing. If it is too uncomfortable, please call.

We cannot emphasize enough the importance of the temporary restoration. It prevents food from gathering in the preparation, and prevents the prepared tooth from shifting and moving. If the tooth shifts, the final restoration may not fit properly. It is very important to clean the gum area around your temporary well. The liquid given to you today is "Chlorhexidine Gluconate" and will aid you in maintaining the tissue around your temporary. Please use with The Gum Stimulator by gently slipping the tip under the gum and moving back and forth along the temporary.

Any irritation caused by inadequate cleaning will compromise your final placement. Use your toothbrush to clean the temporary as you normally do your other teeth. You will not be able to floss around your temporary as you may dislodge it.

If you have any questions concerning the temporary, please feel free to call. Remember, it will only be for a short time and it will all be worth it when you get your beautiful final restoration.